

Sample lesson plan for Peach Tree Orchard

(Grow It, Try It, Like It! Book 6)

Weekly Group Planning Form, Week of August 7-11

	Monday	Tuesday	Wednesday	Thursday	Friday
Question of the Day <ul style="list-style-type: none"> • Discussion • Webbing • Charting • Voting 	Mystery Box/Bag Activity: Something Feels Fuzzy (A1, p.2-3)	*Growing Activity: Make and Grow a Pretend Peach Tree (B2, p.8-11)	*Growing Activity: Make and Grow a Pretend Peach Tree (B2, p.8-11)	*Growing Activity: Make and Grow a Pretend Peach Tree (B2, p.8-11)	*Growing Activity: Make and Grow a Pretend Peach Tree (B2, p.8-11)
Read-Aloud Book Related to the study					
Large Group (Songs, Rhymes, Books, Activities, Music & Movement, etc.)	*Growing Activity: Make and Grow a Pretend Peach Tree (B2, p.8-11)	Teach & Report CATCH Class	Growing Activity: Peach Trees Grow From Pits (B1, p.6-7)	Teach & Report CATCH Class	Movement Activity: Peach Reach Stretch (D2, p.22-23)
Small Group Activities Rotated Daily <ul style="list-style-type: none"> • Early Math • Language & Literacy • Science • Creative Art • Dramatic Play 	Tasting Activity: A Peach – A Look Inside (A2, p.4-5)	Movement Activity: Old MacDonald Had a Farm, Peach Style (C3, p.16-17)	Tasting Activity: Peaches Ala Mode	Craft Activity: Garden Seed Art	Craft Activity: Painted Pots

***same activity each day to track progress of “growing tree”**

Extra Activities:

- Recipe: Peach Cobbler, dried peaches, peach nectar
- Activity Sheets
 - Peachy Picture Frame
 - Peaches Grow on Trees!
 - Peaches Taste Good...Any Way You Eat Them!

Complementary themes:

- Summer
- Fruits
- Colors yellow/orange
- Alphabet letter ‘P’

Go Fitness: Mighty Muscles

NAME OF ACTIVITY: Lily Pads

EQUIPMENT: 4 (different) colored poly spots per child (red, green, blue, yellow)

SKILL THEMES: locomotor skill (jumping); color recognition; force (bound, hard, gentle); following directions

ORGANIZATION:

1. Poly spots are scattered 2-3 feet apart throughout the activity area.
2. Children are each standing on a poly spot facing the teacher.

DESCRIPTION:

1. At your signal, "Jumping Frogs," children jump like frogs from one poly spot to another.
2. At your next signal, "Frogs on a Lily Pad," the children call out the color of the "lily pads" they're on and then squat like frogs and stick out their tongues like they're catching flies.
3. Repeat several times.
4. Now call out a color and have children jump to a "lily pad" of that color. Repeat several times.

TEACHING SUGGESTIONS:

1. Encourage children to jump through the water to get to the next spot.
2. Color identification falls under the content areas of science and art. Teach math concepts by using geometric shapes (or draw shapes on them).

Go Fitness: Mighty Muscles

NAME OF ACTIVITY: Lily Pads

NOW TRY THIS:

1. Once the children have become skilled at this activity, place the poly spots a bit farther apart.
2. Challenge them to imagine they are deers and leap from one spot to another, e.g., "from rock to rock across a pond."

ADAPTED IDEAS:

1. Poly spots may be placed closer together for children who have difficulty jumping a distance of 2-3 feet.
2. Children who use mobility devices such as walkers or gait trainers may step from poly spot to poly spot.
3. Children who use mobility devices may "jump" with their hands using smaller cut poly spots on their lap tray. Another possibility is to have the child indicate jumping by tossing a beanbag or object to a poly spot and then advancing to that poly spot with an adult assistant's help.
4. Children with visual impairments may be accommodated with brightly colored poly spots and/or auditory devices such as beepers or bells that indicate where the next poly spot is located.
5. Children with auditory impairments will require modeling for success. Sign language and/or pictures may be used for clearer communication.

Go Fitness: Mighty Muscles

NAME OF ACTIVITY: Frogs, Flies, & Lily Pads

TEACHING SUGGESTIONS:

1. Demonstrate for children how to catch a fly and place it on their "lily pads" before playing the game.
2. Children will forget to jump or sometimes throw their beanbags. Remind them gently to jump and to place their flies in the hoops.

NOW TRY THIS:

1. Challenge children to see how quickly they can catch all the flies in the pond.
2. Use other animal activities (i.e., rabbits jumping to the carrot patch, puppies digging up bones, etc.).

ADAPTED IDEAS:

1. Children who use mobility devices such as walkers and gait trainers may "jump" using their devices or substitute walking if appropriate.
2. Children who use wheelchairs may be allowed to propel their wheelchairs if appropriate. For a child who cannot propel his own wheelchair, an adult may be allowed to push the wheelchair while the child "jumps" with his hands.
3. An adult may assist any child who cannot bend or reach flies.
4. Children with visual impairments may be accommodated with a verbal explanation followed by physical assistance if appropriate.
5. Children with auditory impairments will require modeling for success. Sign language and/or pictures may be used for clearer communication.

Go Fitness: Mighty Muscles

NAME OF ACTIVITY: Frogs, Flies, & Lily Pads

SET-UP DIAGRAM:

